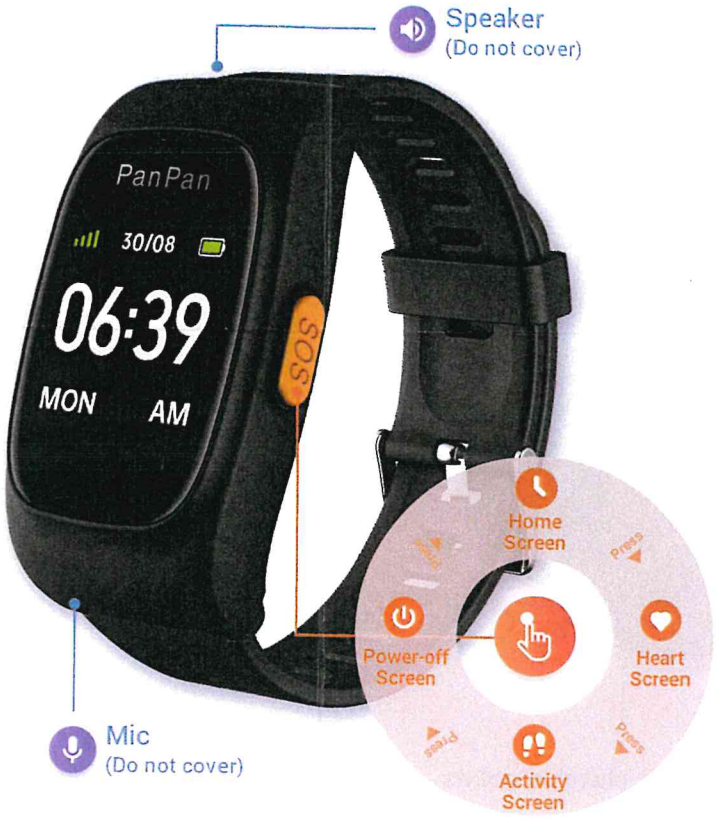
PanPan



Thanks
for choosing
PanPan Smartwatch.

This step-by-step guide will show you how to operate this simple yet powerful device.

PanPan
Care We Wear

ess the day-to-day functions of your Pan using our single button.

turn on your PanPan, press & hold the on until it vibrates and displays the ne *Screen*. The screen will enter *Sleep le* after a few seconds.

Home Screen displays the time, date, of the week, battery life and mobile al strength.

n your PanPan enters Sleep Mode you briefly press the button to return to the ne *Screen*. If instead you press & hold utton, you'll trigger an SOS call.

From the *Home Screen,* briefly press the button to view the Heart Rate Screen. PanPan will start measuring your heart rate. In about 15 seconds, the icon will stop throbbing and show the final reading.

From the *Heart Rate Screen* press briefly to access the Activity Screen. The built-in pedometer will show your daily steps on this screen.

From the *Activity Screen* briefly press the button to access the Power-Off Screen. If you press & hold the button, your PanPan will vibrate and shut down.

You can make an
SOS Call
from the *Home Screen* or *Sleep Mode*.

Press & hold the button for five seconds. You'll hear "SOS call initiated."

A 24/7 care expert will answer your call.

harging your PanPan:

ully charge your PanPan before using.
o charge your PanPan, attach the agnetic charger head to the back of the atch. It will automatically align and snap to place.
echarge when the battery icon shows a ed bar.

esetting your PanPan:

your supplier asks you to reset your atch please follow these simple steps:
n the Power-off Screen, press and hold the utton, your PanPan will vibrate and shut own. Wait 5 seconds. Press and hold the utton to turn it back on.

ou have successfully reset your PanPan.

ecommendations:

Clean PanPan with a lint free cloth.
Don't wear PanPan in the shower or while swimming.
Do not expose PanPan to soaps, shampoos, lotions, perfumes, saunas or steam rooms. These actions will eventually damage the watch.
Avoid dropping or knocking your PanPan.

mportant:

The strap on your PanPan is made from silicone rubber.
If your PanPan is damaged, please contact your telecare provider.

isclaimers:

he **time, day and date** are automatically set y your geographic location. **Heart readings** re best approximations. For medically accurate eadings please consult your doctor. **edometer:** Your PanPan contains a sensor o monitor your physical activity. This llows you to track your daily goals over ime. **Fall detection:** Your PanPan contains hock sensors to detect trips and falls. Due o the variety of fall types it may not detect very occurrence. **Locationing:** Your PanPan ontains location sensors, including GPS, hich allow your location to be reported to our telecare provider during an emergency. **eofencing:** Telecare providers can use PanPan to establish a safe-zone for the wearer and alert loved ones if the wearer has left that zone.
Connectivity: PanPan uses radio waves just like a mobile phone.
- If you carry a pacemaker, a hearing-aid or other medical devices, please consult your doctor before wearing your PanPan.
- PanPan's full functionality is subject at all times to network coverage and availability. It is important that you do not depend entirely upon your PanPan for emergency communications. When possible, have a phone or other means of communications available to you.

Technical Specifications

Name: PanPan
Model: Model 2
Display: 1.2" OLED, 240 x 240px
Battery Capacity: 580 mAh
Dimensions: 5.5 x 3.1 x 1.4 cm

Check **www.mywaste.ie** for your nearest WEEE recycling centre.